

CAUTION:
read all instructions before use

A longitudinal force to the axis of the spinal column is the definition of spinal traction. In other words, pulling parts of the spinal column in opposing directions to change or stabilize damaged spine positions.

The Theratrac is an easy to use, highly functional, and very effective lumbar traction device, giving the user the ability to treat their condition at the most comfortable clinic on earth...their home. For sufferers of lumbar related pain conditions, the Theratrac system assists by decreasing pain symptoms, mitigating muscle spasms and works to decompress the spinal architecture.

Theratrac utilizes pneumatic bladder technology giving it the unique ability to administer a moderate lumbar decompression stretch, to gently contour the innate spinal path. Support and incremental stretching is critical to lumbar traction success; and through the hand pump, the user is in total control.

COMPONENTS + ACCESSORIES

- 1 Theratrac lumbar traction device
- 2 User instructions – cautions and warnings and operating instructions

INDICATIONS FOR USE

The Theratrac can be used for pain relief, muscle relaxation and stretching, posture improvement, and a variety of other pain conditions.

- Decompression of the spine
- Sciatica
- Spinal stenosis
- Degenerative disc disease
- Lumbar pain acute and chronic
- Bulging discs
- And more...

SIZE	WAIST MEASUREMENT
SM / MEDIUM	29" – 37"
LARGE / XL	37" – 45"

You must read all instructions and cautions and warnings before using.

The Theratrac Lumbar Traction Device is unique in that it provides traction as well as compression and lift. As a traction device, the brace therapeutically stretches the lower spine to relieve herniation by providing decompression and relief of pressure on the spine, thus straightening the spine and improving the body's ability to heal itself.

As a compression and lift device, the Theratrac provides immediate relief while performing everyday tasks, taking immediate pressure off of the spine allowing work to be performed pain-free.



CAUTIONS + WARNINGS

- 1» Consult with your physician before using this product.
- 2» Do not use traction if you suffer from severe rheumatoid arthritis or inflammatory disease.
- 3» Do not use traction if you have an infection or a disease malignancy
- 4» Do not use traction if you have serious pathology
- 5» Do not use traction if you have fractures or extruded disc fragmentation.
- 6» Do not use traction if you have spinal cord compression
- 7» Must remove all jewelry before using this device.
- 8» If you experience dizziness, nausea, undue discomfort, or numbness, discontinue use of the product and contact your physician immediately.
- 9» If you experience or feel any adverse reactions to this product, discontinue use of the product and contact your physician immediately.
- 10» If you experience additional pain from using the device, discontinue use of the product and contact your physician.
- 11» Check with your physician or healthcare provider for details on application, treatment times, and further advise as it applies to your condition.

CLEANING INSTRUCTIONS

With a clean damp cloth, and some cleaning spray, wipe down the brace and hand pump.

WARRANTY INFO

The Theratrac is covered by a 1 year warranty against all mechanical or manufacturer defects, from the date of purchase.

Theratrac
LUMBAR TRACTION BRACE
Model #TT100/LT100
Suggested HCPCS Code: L0631